



CITY OF ALBUQUERQUE



BERNALILLO COUNTY

DEPARTMENT OF SENIOR AFFAIRS



Let's Do Lunch!

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bratwurst on a Bun w/Peppers and Onions Red Rosemary Potatoes Brussel Sprouts Sliced Apples 1% Milk 	3 Baked Mac&Cheese Italian Vegetables Bread Stick w/Margarine Peaches 1% Milk	4 Stuffed Bell Pepper: Pepper/Beef/Rice Scalloped Potatoes Crinkle Cut Carrots Dinner Roll w/Margarine Lemon Pudding 1% Milk 	5 Carne Adovada Pinto Beans Squash Tortilla w/Margarine Mandarin Oranges 1% Milk 	6 Turkey w/Gravy Stuffing Beets Wheat Bread w/Margarine Pear 1% Milk 
9 Salmon w/Lemon Butter Sauce Sweet Potatoes Cauliflower Wheat Roll w/Margarine Grapes 1% Milk 	10 Baked Ziti: Pasta/Cheese Green Beans Crescent Roll w/Margarine Apple Cobbler 1% Milk	11 Egg Salad Sandwich Cucumber w/Tomato Tossed Salad w/Low Fat Dressing Melon 1% Milk	12 Chicken Tenders w/Low Fat Ranch Dressing Buttered Rice Spinach Dinner Roll w/Margarine Banana Pudding 1% Milk 	13 Green Chile Burger Oven Fries Zucchini Chocolate Chip Cookie 1% Milk  
16 Turkey Corndog w/Mustard & Ketchup Au Gratin Potatoes Broccoli & Cauliflower Sliced Peaches 1% Milk 	17 Pork Stir-Fry Fried Rice Brussel Sprouts Crescent Roll w/Margarine Pineapple Chunks 1% Milk 	18 Frito Pie (Beef, Beans & Onions) Tater Tots w/Ketchup Asparagus w/Garlic Wheat Bread w/Margarine Mandarin Oranges 1% Milk  	19 Rice, Chicken & Cheese Casserole Peas w/Pearl Onions Corn Bread w/Margarine Jell-O w/Fruit 1% Milk 	20 Spaghetti w/Meat Sauce Italia Vegetables Wheat Bread w/Margarine Warm Pear Slices 1% Milk 
23 Pork Chop w/Caramelized Onions Stuffing w/Apples & Raisins Broccoli Dinner Roll w/Margarine Fruit Cocktail 1% Milk 	24 Red Chile Cheese Omelet Hash Browns Stewed Tomatoes Wheat Bread w/Margarine Peaches w/Cinnamon 1% Milk	25 Pollock with Tartar Sauce Rice Pilaf Succotash Crescent Roll w/Margarine Grapes 1% Milk 	26 Green Chile Chicken Lasagna Green Beans w/Mushrooms Tortilla w/Margarine Warm Chocolate Cake w/Powdered Sugar 1% Milk 	27 Monster Sandwich: BBQ Brisket on a Hoagie Roll BOO Beans (BBQ Beans) Glazed Ghoulish Carrots Magical Pumpkin Mousse w/Sprinkles Witches Brew (1% Milk) 

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.